

## COST AND COVERAGE ESTIMATES FOR LESS VS. MORE SUSTAINABLE ADULT ASTHMA THERAPIES

Cost estimates are based on generic pricing in all cases where a generic is available. Cost estimates are also based on pricing at Shoppers Drug Mart (includes markup and dispensing fee of \$11.99). Cost may be 10-20% lower at Costco or independent pharmacies.

Less sustainable

More sustainable

### Reliever Therapy

**Ventolin pMDI (salbutamol) 200 doses**  
100-200 mcg QID PRN (max 800 mcg/day)  
100 mcg \$18.67 ✓ ODB

**Symbicort Turbuhaler (budesonide/formoterol) 120 doses**  
1-2 inh QID PRN (max 6 inh at a time and 8 inh/day) \*  
100 mcg \$94.55 // 200 mcg \$118.78  
X ODB (LU code does not apply for reliver therapy)

**Bricanyl Turbuhaler (terbutaline) 100 doses**  
0.5 -1.0 mg QID PRN (max 3 mg/day)  
0.5 mg \$23.19 ✓ ODB

### Maintenance Therapy

#### ICS

**Qvar pMDI (beclomethasone) 200 doses**  
100-400 mcg BID (max 800 mcg/day)  
100 mcg \$97.26 ✓ ODB

**Flovent pMDI (fluticasone propionate) 120 doses**  
125-1000 mcg BID (max 2000 mcg/day)  
125 mcg \$65.81 // 250 mcg \$90.49 ✓ ODB

**Alvesco pMDI (fluticasone propionate) 120 doses**  
100-400 mcg BID (max 800 mcg/day)  
100 mcg \$68.01 // 200 mcg \$103.97 ✓ ODB

**\*LCA\* Arnuity Ellipta (fluticasone furoate) 30 doses**  
100-200 mcg daily (max 200 mcg/day)  
100 mcg \$60.90 // 200 mcg \$108.71 ✓ ODB

**Pulmicort Turbuhaler (budesonide) 200 doses**  
200-1200 mcg BID (max 2400 mcg/day)  
100 mcg \$52.29 // 200 mcg \$52.29 // 400 mcg \$130.33  
✓ ODB

**Flovent Diskus (fluticasone propionate) 60 doses**  
100-1000 mcg BID (max 2000 mcg/day)  
100 mcg \$43.53 // 250 mcg \$67.90 // 500 mcg \$95.12  
✓ ODB (250 mcg and 500 mcg only)

#### ICS/LABA

**Advair pMDI (fluticasone propionate/  
salmeterol) 60 doses**  
1-2 inh BID (max 4 inh/day) \*  
125 mcg \$135.92 // 250 mcg \$187.51  
✓ ODB LU 330

**Zenhale pMDI (mometasone/formoterol) 120 doses**  
1-2 inh BID (max 4 inh/day) \*  
100 mcg \$128.64 // 200 mcg \$153.12  
✓ ODB LU 330

**Advair Diskus (fluticasone propionate/  
salmeterol) 60 doses**  
1-2 inh BID (max 4 inh/day) \*  
100 mcg \$61.40 // 250 mcg \$70.96 // 500 mcg \$95.63  
✓ ODB LU 330

**Symbicort Turbuhaler (budesonide/  
formoterol) 120 doses**  
1-2 inh BID + 1-2 inh QID PRN (max 6 inh at a time and 8  
inh/day) \*  
100 mcg \$94.55 // 200 mcg \$118.78 ✓ ODB LU 330

**\*LCA\* Breo Ellipta (fluticasone furoate/vilanterol) 30 doses**  
1 inh daily (max 1 inh/day) \*  
100 mcg \$114.43 // 200 mcg \$171.75 ✓ ODB LU 330

\*Dosing for ICS/LABA inhalers is denoted as inhalations/day for ease of interpretation since there are multiple active ingredients. Max doses are determined based on LABA content.

\*LCA\* denotes the **lowest cost alternative** within the group based on monthly cost (this accounts for the number of doses in each inhaler and the maximum daily dose).